

Wellesley Women's Care, P.C.

Obstetrics / Gynecology / Infertility

2000 Washington Street, Suite 764

Newton, MA 02462

617-965-7800

Wellness Center

Childbirth Education Classes

Newton-Wellesley Hospital offers programs and classes during pregnancy and throughout the early parenting period. Childbirth classes follow the content and time guidelines recommended by Lamaze International and the Boston Association of Childbirth Educators and all of the instructors are certified in their area.

Early in your pregnancy, please register for classes by calling the Childbirth Education Office at 617-243-6649. They are here to help meet your childbirth education needs.

Classes that are offered:

- Tours of the Maternity Unit
- Prepared Childbirth Class
- Natural Childbirth Class
- Hypnobirthing
- Cesarean Birth Class
- Refresher Class
- Breastfeeding Success
- Sibling Preparation Class
- The Youngest Siblings: Preparation for 2 & 3-year old's
- Infant Care
- Child & Infant CPR & Safety
- Prenatal Yoga

Please visit the Newton Wellesley Website at <https://www.nwh.org/classes-and-resources/classes/childbirth-education> for a complete description of classes.

**Inclement Weather Recording/Class Cancellation Line: 617-243-6900*